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Bella Forma Extensions

Only clear Bella Forma can be used for extensions.

Bella Forma can be used to extend the length of the natural nail, without the application of a tip. Bella Forma is far more flexible than an artificial tip, yet tough enough to withstand everyday usage. The strength of Bella Forma is in the flexibility of the gel.

Prepare the nails – basic dry manicure. Remove the shine – not the nail plate – using a 220 Yellow Teflon file or a 240 grit sponge file.

Fit a re-useable nail form or disposable form to fit snugly under the nail. Check the form fit from a side view, as well as the front view, to be sure it is on straight and is shaped to the desired form.

Apply a thin coat of clear Bella Forma onto the nail form, butting right up to the natural nail. Now add more gel and let it “drip” into position and gently guide it into shape. Do this until you get desired length, giving a little extra gel on the sides for strength. Remember you do not want a thick free edge, so it does not have to be much thicker than the natural nail. Cure for 60 seconds. If you were to remove the form after curing it would take the gel with it as the gel is just butted up to the natural nail.

Now offload in the center of the nail plate, pulling towards the free edge and then work your way back to the cuticle. This would be the wet layer. DO NOT CURE yet. Offload in the center of the nail pull to the free edge and work your way back to the cuticle with long brush strokes. Check your work using the reflection from your overhead lamp. If you do not have the straight light reflection, then get a lump of gel on your brush, and touch the gel on your brush to the gel on the nail and slightly pull up. Move the gel to where you want it. Remember that Bella Forma gel is self-leveling so you do not have to over work it. Make sure that the gel does not run into the cuticle or sidewalls. If this happens, use the pointed end of an orange wood stick to clean up the area. Cure for 60 seconds.

Take off the nail form; sometimes it is necessary to break the seal between the gel and the form. Remove sticky residue with a nail wipe saturated with Bella Forma’s Nail Wipe Solution. Using straight toe nail clippers, small scissors or tip cutters, cut to desired length and shape. Using the Steriflie 100/180 grit file, shape the extended nail. When desired shape is reached, buff away the shine with a 180-grit mini orange buffer. Wipe nail with Bella Forma’s Nail Wipe Solution saturated on a nail wipe. Apply a thin coat of clear Bella Forma gel over entire nail. Cure for 60 seconds. Now, apply color Bella Forma or French Manicure.

Cleanse the nail with Nail Wipe Solution to remove the sticky surface residue. Apply Bella Shine Top Coat to complete the service. Never leave the Bella Forma gel unprotected. It is always a wise decision to use an enhancement “top coat” to prevent the enhancements from becoming stained by the pigments in nail polish, household cleaning solutions, makeup, tanning solutions and other “staining” materials and chemicals. Be careful



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with dark washed jeans or unlined leather gloves, they will leave a black dye on the nail plate. With having the Bella Shine top coat as the top layer, you just remove the top coat with a non-acetone polish remover and re-apply Bella Shine. If you did not have the top coat on, the only way to remove these stains would be to file off the gel or soak it off.