



Address PO Box 15407
Tamworth
B77 9HP

Telephone 08458 622 766

E-Mail info@bellissimagel.com

Web www.bellissimagel.com

BELLA FORMA FRENCH MANICURE

CLEAR

Prepare nails – basic dry manicure.

Using a 240 grit sponge block or a 220 grit Yellow Teflon File, gently remove the shine off the natural nail, making sure you buff in the side walls and on the free edge. If you miss any of these areas, you will have lifting.

Saturate a Nail Wipe with Bella Forma's Nail Wipe Solution. Wipe nails, removing all traces of dust and oils. Nails should have a chalky/matte appearance to them, especially sides of free edge.

Using a #4 Bella Forma Flat Brush, (bristles are straight), apply one coat of white gel (Garey's Smile or White Linen) to free edge, off loading in the center of where you want your smile line to go, then working up to the actual line. You always off load in the center of the nail, so you do not end up with a lump of gel that you have to thin out at the top of the smile line. When that layer of white is finished, take your #4 Bella Forma flat brush, at a 45-degree angle and take off excess gel that has pooled at the free edge. A flat brush leaves product on and an angled brush takes it off.

REMEMBER: Colors gels are applied in two thin coats; like painting a wall, first coat covers, second coat hides the shadows. **YOU CANNOT BUILD WITH COLOR BELLA FORMA;** the UV rays cannot reach the photo initiator that is in the layer of gel to cure it because of the pigment in the color gels, causing the gel to leave an uncured layer. This does not mean that you apply it so thin that you cannot see the color, as it will wipe off because there is NOT enough photo initiator in the layer of gel to cure.

Cure for **three minutes**. I personally prefer to do the "apply and switch" method. I start on the baby finger, apply the gel, put it in the lamp. I then take the other hand and start on the baby finger, apply the gel and switch. The first baby finger, when it comes out of the curing lamp, has not been in the lamp for a full three minutes, but after I apply the gel to the ring finger, the hand goes back in to the lamp and the baby finger will continue to cure. You continue to switch back and forth. The fingers then get a total curing time of three minutes. I prefer this method to doing 5 nails at a time, as there is no chance of the gel getting messed up, for whatever reason. This is your choice of which method you use. As far as time goes, one is as fast as the other. Make sure that the thumbs don't get short changed!

Apply second coat of white, removing excess gel that has pooled at free edge.

Cure for **three minutes**. (Method of choice)

Using a #4 Bella Forma Filbert Brush (rounded bristles), apply clear Bella Forma, off-loading in the center of the nail and pulling to the free edge. Work the gel back into the cuticle with very little gel on your brush. That first



Address PO Box 15407
Tamworth
B77 9HP

Telephone 08458 622 766

E-Mail info@bellissimagel.com

Web www.bellissimagel.com

layer of clear Bella Forma is what we call the ‘wetting’ layer. You are placing very little Bella Forma in all areas of the nail plate. Now add more Bella Forma to your brush, and off-load in the center, pull to the free edge, making sure your brush goes over the free edge. If you need to take any dips out of the gel or build, remember the gel on the brush touches the gel on the nail and pull up and over. Do this as much as needed but remember that Bella Forma is self-leveling so give it a second or two. Again, I prefer to do the “apply and switch” method, especially if I am doing any building on the nail to give a better ‘C’ curve. Bella Forma is self-leveling, so if you are building, and doing more than one nail at a time, remember to check your work before curing, to make sure the gel is still in place.

Cure Clear Bella Forma for **60 seconds**. (Method of choice)

Remove sticky residue with Nail Wipe saturated with Bella Forma’s Nail Wipe Solution.
If necessary, give a final shape to the free edge.

Apply Bella Shine Top Coat and let dry for one minute.

PINK AND WHITES

Prepare nails – basic dry manicure.

Using a 220 grit Yellow Teflon File remove the shine off the natural nail, making sure you buff in the side walls and the free edge. If you miss any of these areas, you will have lifting.

Saturate a nail wipe with Bella Forma’s Nail Wipe Solution. Wipe nails, removing all traces of dust and oils. Nails should have a chalky/matte appearance to them, especially sides of the free edge.

Using a #4 Bella Forma Filbert Brush, (rounded bristles) apply French Pink Bella Forma, (or any one of Bella Forma’s pink color shades) offloading in the center of the nail, pulling to the free edge and then working back into the cuticle with very little gel on your brush.

PRIOR to curing, take a dry #4 Bella Forma Flat Brush, and wipe away your smile line. Use the natural smile line as your guide, but go past it, as you want to allow time for growth. We wipe away the gel, as we do not want a thick free edge.

Cure for **60 seconds**. (Bella Forma’s French Pink does not have a lot of pigment in it, so it is not necessary that it cures for the full 3 minutes)



Address PO Box 15407
Tamworth
B77 9HP

Telephone 08458 622 766

E-Mail info@bellissimagel.com

Web www.bellissimagel.com

REMEMBER: If you use a different pink or a different color altogether, the curing time will change to 3 minutes. This is due to the level of pigments in the color gels.

Apply a second coat of Bella Forma's French Pink. Again wiping away the Bella Forma French Pink off the free edge to the smile line prior to curing, with #4 Bella Forma Flat Brush. Second coat of French Pink color is your choice. It is not necessary to do 2 coats of color, but if the customer wants a deeper shade then apply 2 coats.

Cure for **60 seconds**.

Clean your #4 Bella Forma Flat Brush with Bella Forma's Nail Wipe Solution saturated on a Nail Wipe. Allow Nail Wipe Solution to evaporate off the brush before putting it into the white Bella Forma of your choice. (Garey's Smile or White Linen)

Using the #4 Bella Forma Flat Brush, apply white Bella Forma, offloading in the center of where you removed the gel, pulling to the free edge and then working up to the edge of the existing gel. To make your smile line perfect, you may have to go on the Bella Forma French Pink.

As previously mentioned in French Manicure – Clear, of which application method you use. Apply and switch or doing more than one finger at a time.

Cure for **three minutes**.

Apply second coat of white.

Cure for **three minutes**.

Apply clear Bella Forma over nails, so client does not feel line between pink and white. If there is any building on the nails to be done, now is the time.

REMEMBER: The Bella Forma gel is self-leveling. Use your over head lamp to check for any dips in the gel. If the reflection is not a straight line then you have a dip in the gel. Add gel to your brush and touch the gel on your brush with the gel on the nail plate and lift up. This will allow you to move the gel where you need to.

Cure for **60 seconds**.

Remove sticky residue with a nail wipe saturated with Bella Forma's Nail Wipe Solution. If necessary, give final shape to the free edge.



Address PO Box 15407
Tamworth
B77 9HP

Telephone 08458 622 766

E-Mail info@bellissimagel.com

Web www.bellissimagel.com

Apply Bella Shine Top Coat and let dry for one minute.

NOTE: It is very important to put Bella Shine Top Coat over the Bella Forma gel to protect the gel from the dirt and grime of everyday living. (This applies to all soft gels on the market) Then if your nails appear dingy after working in the garden all day or you get a pen mark on one of them, you remove the top coat with a NON-ACETONE polish remover (acetone removes the gel, we just want to remove the top coat) and re-apply the Bella Shine Top Coat.